



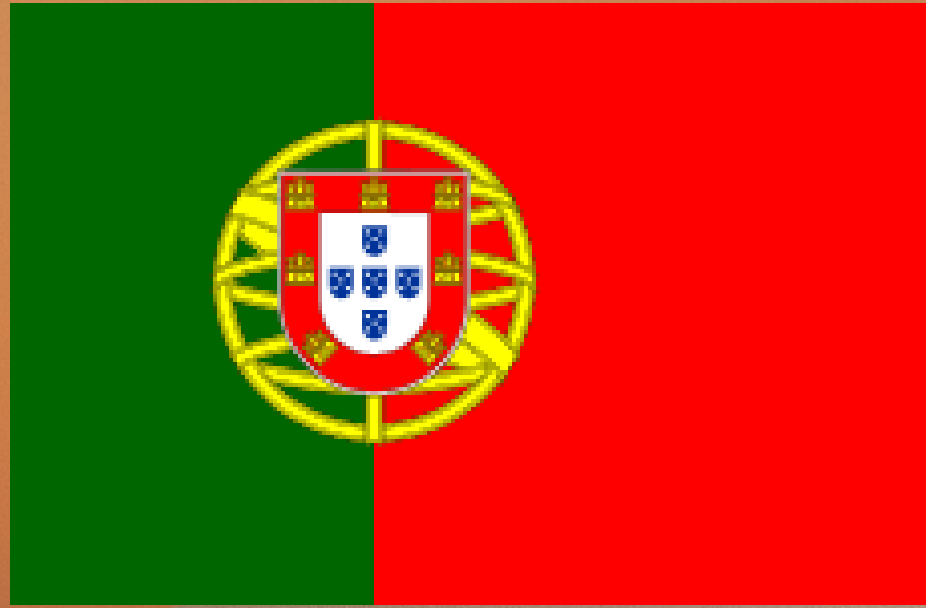
Portugal - linguistic, cultural, intercultural preparation of the participants

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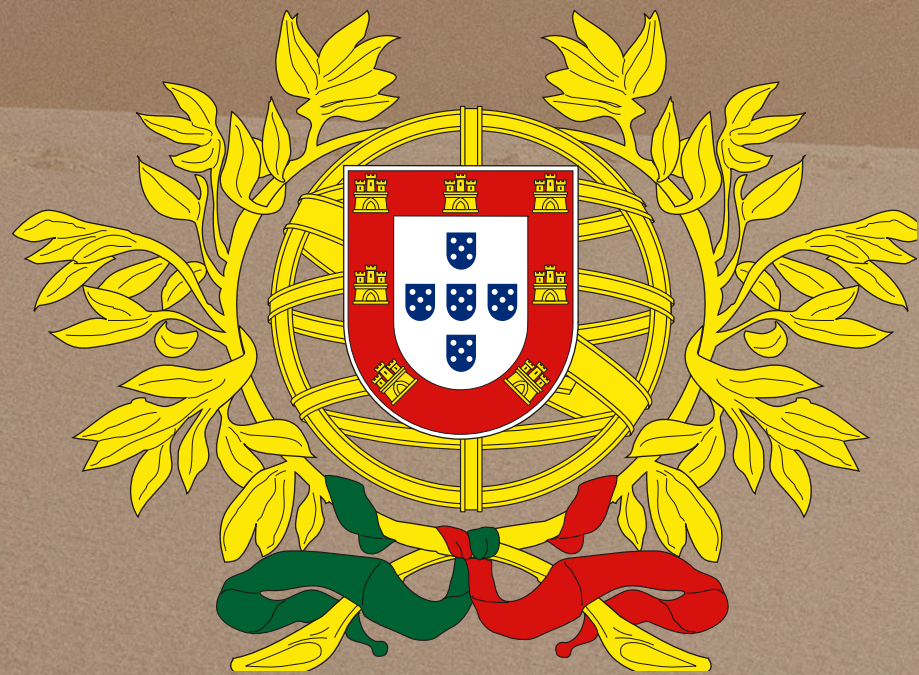


Flag of Portugal



The national flag of Portugal is a rectangular bicolor with a field divided into green on the hoist, and red on the fly. The lesser version of the national coat of arms of Portugal is centered over the colour boundary.

Coat of arms of Portugal



The Portuguese coat of arms itself is the result of almost a millennium of modifications and alterations. The main and constant element of the coat of arms of Portugal is and has always been the Portuguese shield.

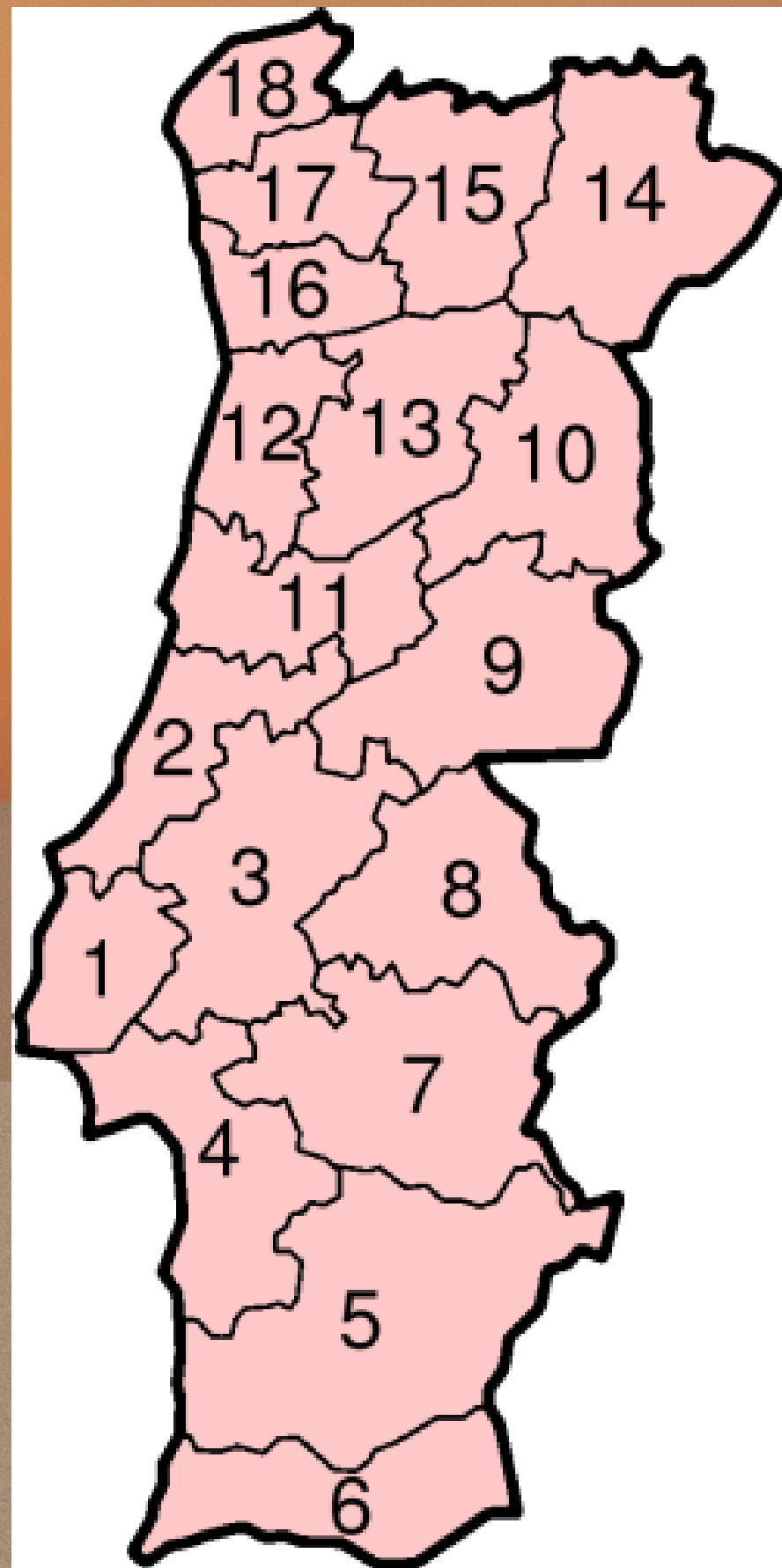
"The Portuguese" is the national anthem of Portugal. The song was composed in 1891 and was used as the marching song.





- Political system: republic
- Capital: Lisbon
- Population: 10 milion
- Official language: Portugese
- Dominant religion - Catholicism
- Area: 91951 km 2
- Length of border with Spain: 1214 km
- Length of coastline: 1793 km
- The highest point: Montanha do Pico: 2351 m n.p.m.
- The lowest point: the Atlantic Ocean 0 m n.p.m.
- The longest river: Duero 322 km
- Portugal is the westernmost point of continental Europe
- The territory of Portugal includes two archipelagos : Madeira and the Azores





Portugal is divided into 18 districts and two autonomous regions: the Azores and Madeira. The current president of Portugal is Marcelo Rebelo de Sousa

On 1 th January 1986 Portugal joined the European Union.

Interesting facts: Portugal is the oldest country in Europe. Its border line hasn't changed since 1139.

In Lisbon you can find the oldest bookshop in the world. It was opened in 1732.



Currency

Euro is the currency of Portugal

1 euro = 4.63 zł



Till 1999 the currency in Portugal was **escudo**.



Prices

- mineral water 1,5 l - 0,5 euro
- apples 1 kg - 1.60 euro
- Pizza Margherita - 10 euro
- bread - 1 euro
- pancakes - 2 euro
- a block of cheese - 10 euro
- ice creams - 2-4 euro
- olive oil 1 l - od 5 do 20 euro
- souvenir magnet -
- tinned sardines - od 1 do 5 euro
- crisps - 1 euro



Portuguese traditional clothes

Portuguese traditional clothes varies regionally, but it typically consists of bouffant long skirts for women and shortened leggings, waist coasts and sombreros for men.



Nature

Portugal is a country with the greatest diversity of flora and fauna. The most beautiful place is the archipelago of nine volcanic islands - The Azores.



Laurisilva of Madeira - the laurel forest



The Peneda-Gerês National Park, region of Porto e Norte



Mira de Aire caves , region of Centro



Shall we play a Game?



Portuguese cuisine

Portuguese cuisine is very heterogeneous - The most popular are: sea food, fresh fish, well seasoned meat, local vegetables and fruit and excellent wines.



Typical Portuguese dishes worth trying

tomato and cabbage soup
(Caldo Verde)



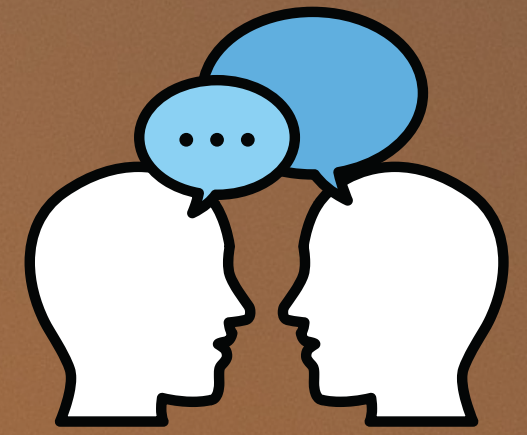
codfish pastries
(Pasteis de Bacalhau)



custard tarts (Pasteis de Nata)



Portuguese language

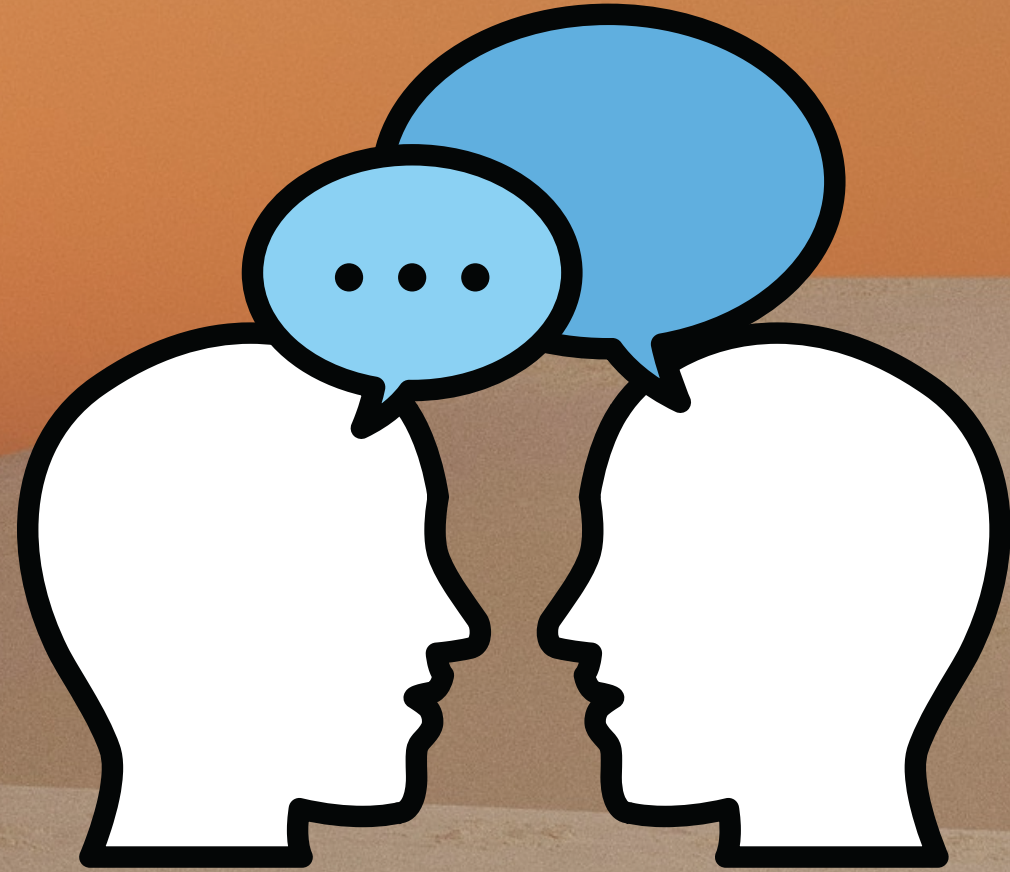


Portuguese is a Romance language. It is spoken by 250 million people, therefore it is listed as the sixth-most spoken language in the world in terms of native speakers. It is the official language of Portugal, Angola, Mozambique, Guinea-Bissau, Cape Verde, São Tomé and Príncipe, and Brazil, East Timor, Equatorial Guinea.

Portuguese and Polish have one thing in common - they both "rustle".



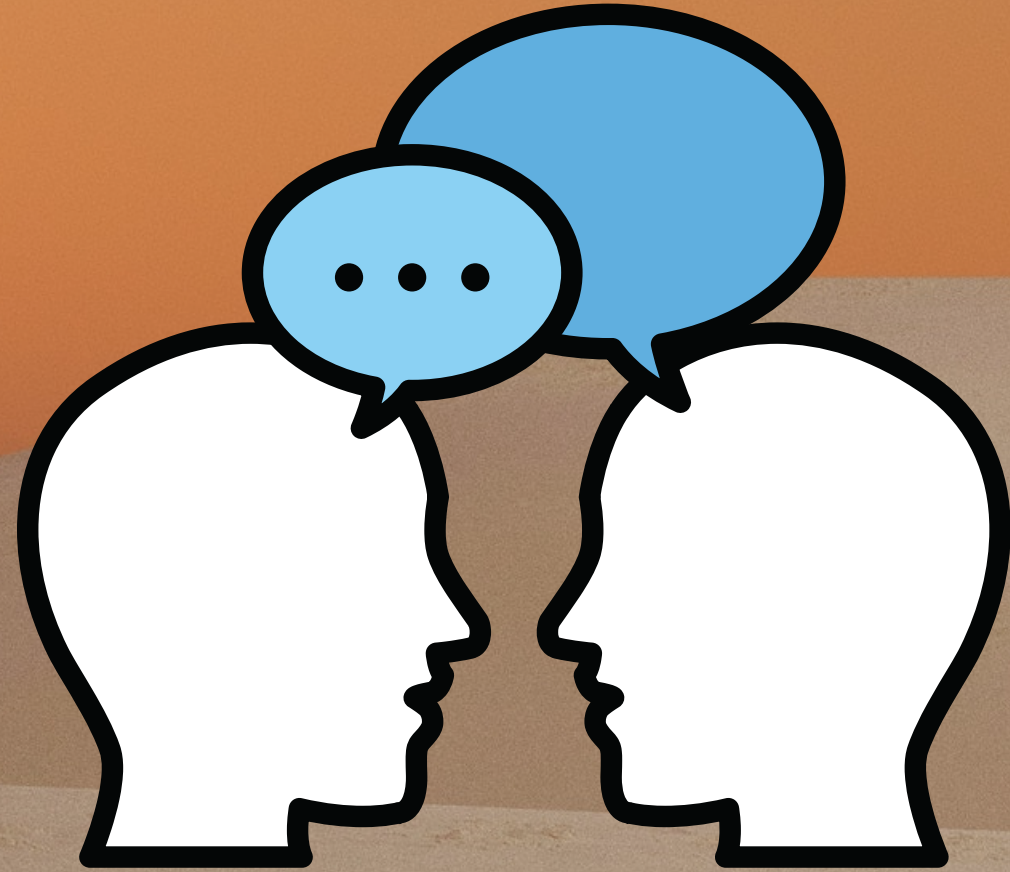
Portuguese - useful phrases



- Portugal - Portugal
- Poland - Polônia
- I'm Polish. - Eu sou um pólo
- My name is ... - Meu nome é
- Good morning - Bom dia
- Hi! - Olá
- Good evening - Boa tarde
- Good bye - Adeus
- See you - Vê você
- How are you? - Como você está?



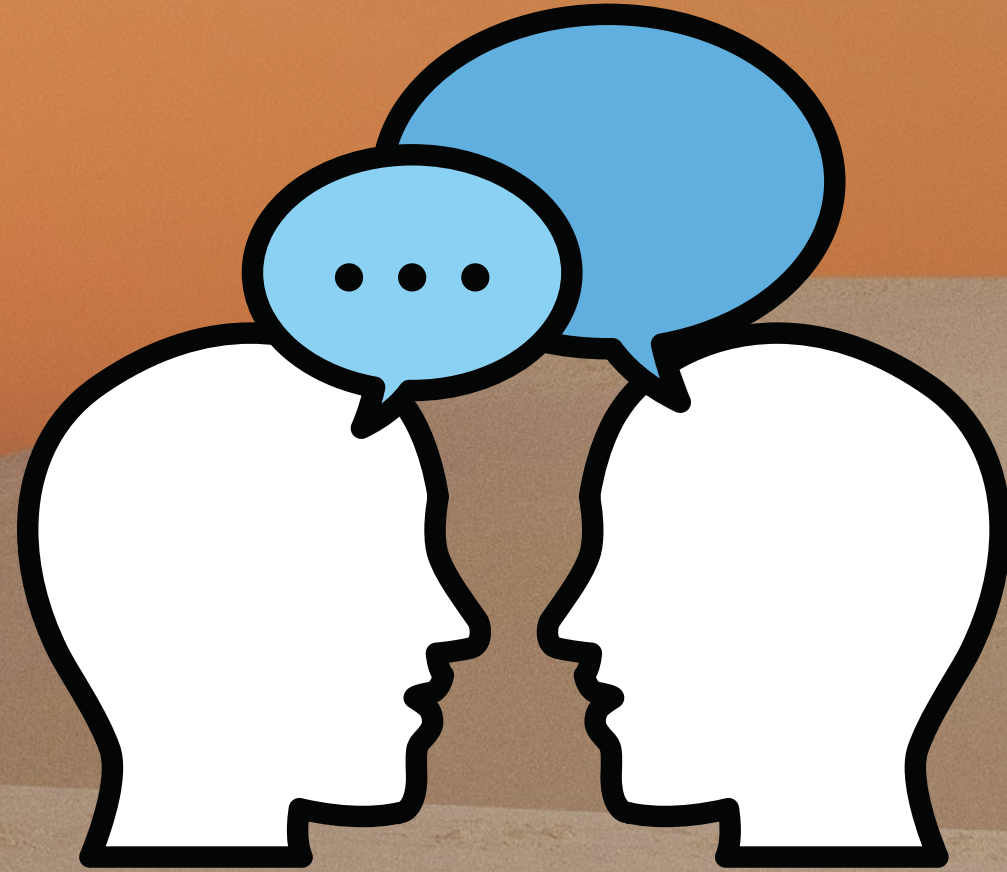
Portuguese - useful words



- yes – sim
- no – não
- Thank you – Obrigada / Obrigado - male form
- Please – Por favor!
- Sorry – Desculpe!
- Good – bom
- Very good – muito bom
- Bad – seriamente
- Cheers – Saúde

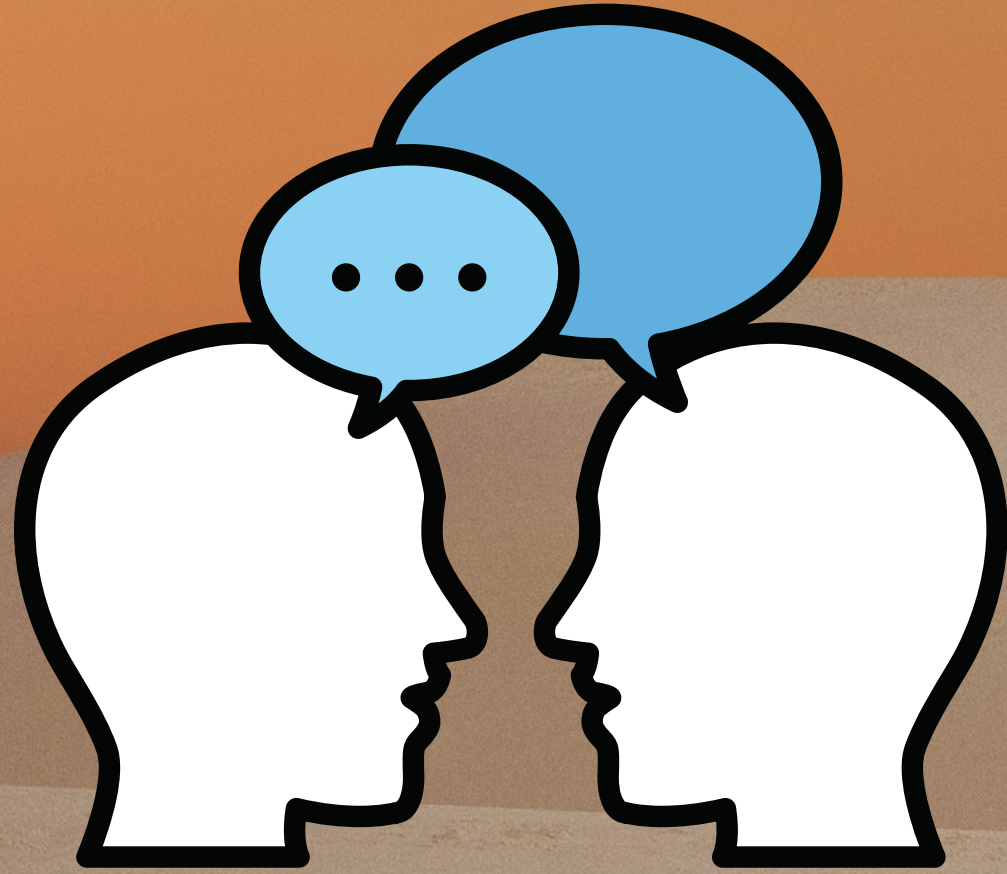


Portuguese - in a shop, at the restaurant



- Quanto custa? - How much is it?
- Estou só a ver, obrigado/obrigada. -I'm just looking around, thank you.
- Aceita cartão de crédito? - can I pay by card?
- loja- shop
- restaurante- restaurant

Portuguese - useful phrases



- Fala inglês? - Do you speak English?
- Desculpe, não falo português. - I'm sorry, I can't speak Portuguese.
- Não entendo. - I don't understand.
- Pode dizer outra vez? - Can you repeat that?
- Senhor - Sir
- Senhora - Madam
- Muito prazer. - Nice to meet you.
- Pode ajudar-me? - Can you help me?
- Gosto muito. - I like it!



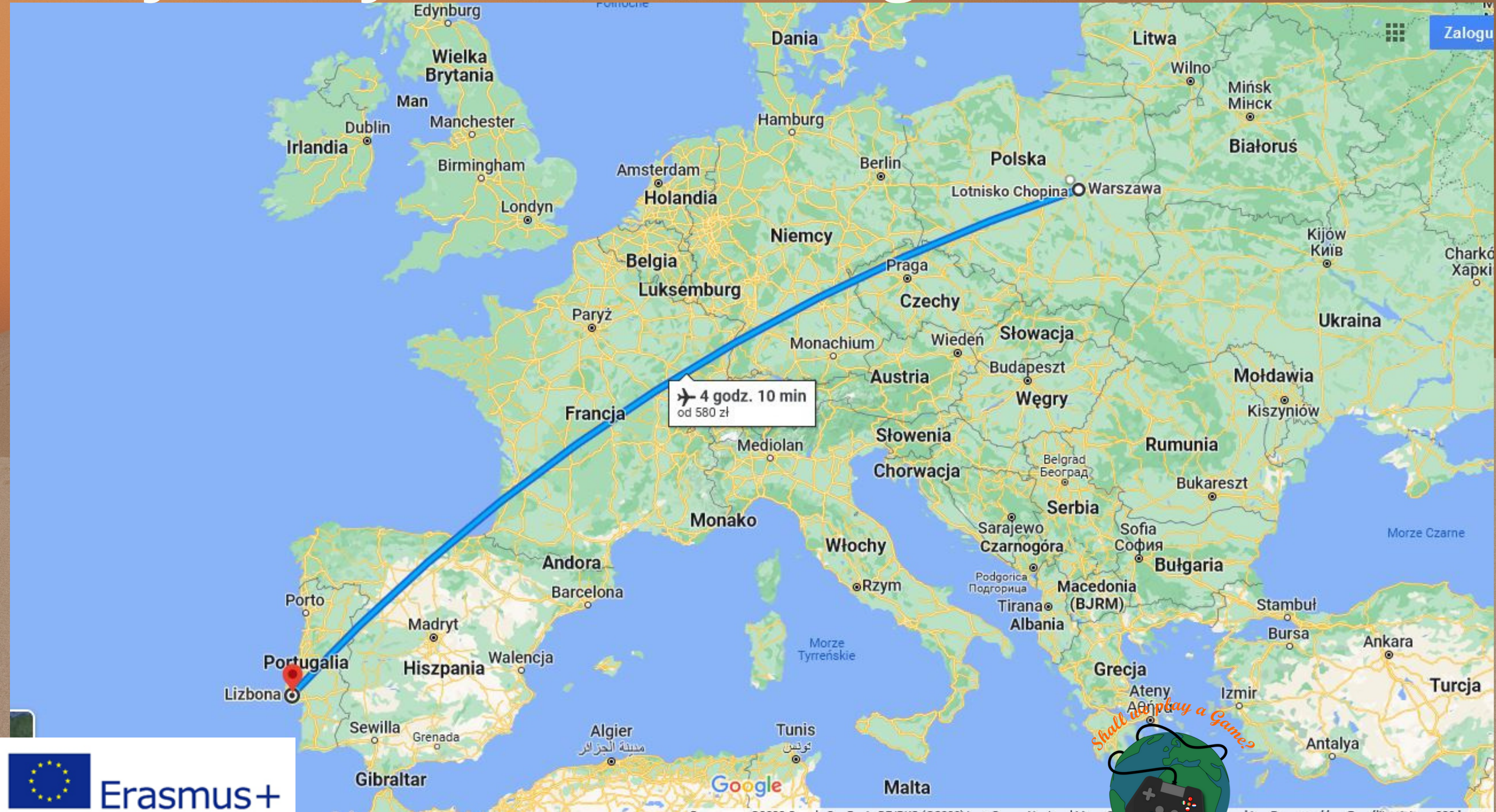
Souvenirs from Portugal



- Cork products
- Traditional Azulejos tiles
- Handmade soaps
- Barcelos rooster or swallow statues (symbols of Portugal)
- tinned sardines
- Olive oil
- Presunto Ham
- Cheese
- Portuguese coffee
- Portuguese ceramics
- Bay leaves
- piri-piri pepper



Our journey: Poland - Portugal



Lisbon



Lisbon is the largest city in Portugal. It is located in the western part of the Iberian Peninsula. The atmosphere of Lisbon is created by amazing architecture, narrow streets, vast beaches, as well as the hills on which the city is located.

You do not feel the atmosphere of a large metropolis in the Portuguese capital. It is a charming place where laundry is blown between the buildings, the yellow tram number 28 climbs up narrow roads, and the sounds of Portuguese fado music can be heard from the pubs. The greatest architectural wonders of Lisbon include the Sé Cathedral, the Hieronymites Monastery and the contemporary Gare do Oriente train station.



Partner school in Portugal - Agrupamento de Escolas do Forte da Casa



Sintra - Pena Palace

A romantic palace in Sintra, situated in west of Lisbon. The palace stands on one of the peaks of the Sintra Mountains. It is a National Monument and is one of the main objects of the 19th century Romanticism in the world.



Lisbon -The Money Museum

The museum is located in the former Church of St. Juliana (Igreja de São Julião), which was rebuilt after the 1755 earthquake, thanks to which its interior, especially the main hall, is interesting in itself. Based on nine themed rooms, you can follow what different types of money and means of payment looked like in different parts of the world and how money is produced.



Lisbon Oceanarium



It is the largest aquarium in Europe - its capacity is almost 5,000 cubic meters, which is over 5,000,000 liters of water!

The reservoir is surrounded by four two-story sections, each of which presents the flora and fauna of a different ocean. Therefore, we can admire the life and environment of the Pacific, Atlantic, Indian and Arctic Oceans.

Portugal - small country, great holidays :)

Shall we go there?

Source: www.wikipedia.org

